

Note: Menu items subject to change

MOW MENU

Home of Our Own Fall/Winter 2022 Menu

Revised Oct. 31, 2021		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Week 1</b>	<b>Soup</b>	Cream of Celery Chicken	Minestrone	Chicken Vegetable	Beef Barley	Tomato Macaroni
<b>Dec.6-Dec.10</b>	<b>Salad</b>	Marinated Vegetable	Blackbean & Corn	Creamy Pasta	Spinach	Creamy Green Coleslaw
<b>Jan.3-Jan.7</b>	<b>Entrée</b>	Oriental Beef	Creamy Mushroom Porkchop	<b>Roast Beef &amp; Gravy</b>	<b>Chicken Breasts &amp; Gravy</b>	Breaded Fish Sticks
<b>Jan.31-Feb.4</b>	<b>Alt. Entrée</b>					Italian Veal Cutlets
<b>Feb.28-Mar.4</b>	<b>Vegetable</b>	Yellow Beans	Brussel Sprouts	<b>Corn</b>	Broccoli	Sliced Carrots
<b>Mar.28-Apr.1</b>	<b>Starch</b>	Wild Rice Mix	Buttered Rotini	<b>Mashed Potatoes</b>	Plain Rice	Baked Parslied Potatoes
<b>Apr.25-Apr.29</b>	<b>Bread</b>	White	Dill Biscuit	<b>Yorkshire Pudding</b>	Brown	Crackers
<b>May.23-May.27</b>	<b>Dessert</b>	Cookie	Diced Fruit	Jello with Berries	Mousse	Black Forest Cake
<b>Jun.20-Jun.24</b>	<b>Sugar Sub.</b>	SS Cookie	Diced Fruit	SS Jello with Berries	SS Mousse	SS Loaf / Square
<b>Jul.18-Jul.22</b>	<b>Juice</b>	Cranberry	Apple	Cranberry	Apple	Cranberry
<b>Week 2</b>	<b>Soup</b>	Beef Vegetable	Creamy Potato Vegetable	Hamburger	Chicken Julienne	Hearty Lentil
<b>Dec.13-Dec.17</b>	<b>Salad</b>	Carrot Raisin	Chef's Salad	Triple Bean	Spring Mix	Red Vinaigrette Slaw
<b>Jan.10-Jan.14</b>	<b>Entrée</b>	Chicken Fingers	<b>Penne &amp; Meat Sauce</b>	<b>Sliced Ham</b>	<b>Beef Stew</b>	Creamy Dill Cod
<b>Feb.7-Feb.11</b>	<b>Alt. Entrée</b>					Chicken Cacciatore
<b>Mar.7-Mar.11</b>	<b>Vegetable</b>	Peas & Pearl Onions	Broccoli	<b>Corn &amp; Green Peppers</b>	<b>Green Beans</b>	Hot Carrot Sticks
<b>Apr.4-Apr.8</b>	<b>Starch</b>	Seasoned Potatoes Wedges	<b>Cauliflower</b>	<b>Rice</b>	<b>Scalloped Potatoes</b>	Confetti Rice
<b>May.2-May.6</b>	<b>Bread</b>	Cinnamon Bread	English Muffin	White	Brown Bread	Crackers
<b>May.30-Jun.3</b>	<b>Dessert</b>	Jello with Fruit	Yogurt	Strawberry/Rhubarb Compote	<b>Diced Fruit</b>	Blueberry Buckle Cake
<b>Jun.27-Jul.1</b>	<b>Sugar Sub.</b>	SS Jello with Fruit	Yogurt	Baked Apple Slices	Diced Fruit	SS Loaf / Square
<b>Jul.25-Jul.29</b>	<b>Juice</b>	Apple	Orange	Apple	Orange	Apple
<b>Week 3</b>	<b>Soup</b>	Ham & Pea	Beef Vegetable	Chicken Gumbo	Tomato	Italian Chicken Orzo
<b>Dec.20-Dec.24</b>	<b>Salad</b>	Tropical Beets	Chickpea & Cucumber	Garden Vegetable	Mediteranian Pasta	Creamy Red Coleslaw
<b>Jan.17-Jan.21</b>	<b>Entrée</b>	<b>Tomato Meatloaf</b>	Baked Pork & Beans in Sauce	Liver with Onions & Gravy	Chicken A La King	Breaded Pollock
<b>Feb.14-Feb.18</b>	<b>Alt. Entrée</b>			Salisbury Steak		Shephard's Pie
<b>Mar.14-Mar.18</b>	<b>Vegetable</b>	PEI Mix	Corn	Green Beans & Red Peppers	Italian Mix	Fancy 4 Way Mix
<b>Apr.11-Apr.15</b>	<b>Starch</b>	Roasted Red Skin Potatoes	Whipped Yams	O'Brien Potatoes	Seasoned Rice	Parslied Cauliflower
<b>May.9-May.13</b>	<b>Bread</b>	Brown	Croissant	Crackers	<b>Dinner Roll</b>	White
<b>Jun.6-Jun.10</b>	<b>Dessert</b>	Pudding	Apple Sauce	Cookie	Ambrosia	Rice Krispie Square
<b>Jul.4-Jul.8</b>	<b>Sugar Sub.</b>	SS Pudding	SS Apple Sauce	SS Cookie	Diced Fruit	SS Loaf / Square
<b>Aug.1-Aug.5</b>	<b>Juice</b>	Cranberry	Apple	Cranberry	Apple	Cranberry
<b>Week 4</b>	<b>Soup</b>	Corn Chowder	Chicken Vegetable Barley	Beef BabysheIl	Chicken Vegtable Alphabet	Nine Bean
<b>Dec.27-Dec.31</b>	<b>Salad</b>	Supreme Bean	Tuscan	Vegetable Pasta	Balsamic Garden	Green Vinagrette Slaw
<b>Jan.24-Jan.28</b>	<b>Entrée</b>	Honey Garlic Chicken	Pork Stew	<b>Turkey &amp; Gravy</b>	BBQ Beef	Baked Salmon Loin
<b>Feb.21-Feb.25</b>	<b>Alt. Entrée</b>					Chicken Parmesan
<b>Mar.21-Mar.25</b>	<b>Vegetable</b>	Baby Carrots	California Mix	<b>Assorted Beans</b>	Peas	Diced Turnip & Carrots
<b>Apr.18-Apr.22</b>	<b>Starch</b>	Fried Rice	Diced Potatoes	<b>Rice Pilaf</b>	Butter Parm Noodles	Chived Mashed Potatoes
<b>May.16-May.20</b>	<b>Bread</b>	Brown	Crackers	Buttermilk Tea Biscuit	Pita Wedge	White
<b>Jun.13-Jun.17</b>	<b>Dessert</b>	Date Square	Muffin	<b>Apple Berry Compote</b>	<b>Pudding</b>	Jello
<b>Jul.11-Jul.15</b>	<b>Sugar Sub.</b>	Prunes	SS Loaf / Square	<b>Apple Berry Compote</b>	<b>SS Pudding</b>	SS Jello
<b>Aug.8-Aug.12</b>	<b>Juice</b>	Apple	Orange	Apple	Orange	Apple