

Note: Menu items subject to change

MOW MENU

Home of Our Own Fall/Winter 2022 Menu

Revised August 31, 2022	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Week 1	Soup	Cream of Celery Chicken	Minestrone	Chicken Vegetable	Beef Barley	Tomato Macaroni
Oct10-Oct14	Salad	Marinated Vegetable	Blackbean & Corn	Creamy Pasta	Spinach	Creamy Green Coleslaw
Nov7-Nov11	Entrée	Oriental Beef	Creamy Mushroom Porkchop	Roast Beef & Gravy	Chicken Parmesan	Breaded Fish Sticks
Dec5-Dec9	Alt. Entrée					Veal Cutlets
Jan9-Jan13	Vegetable	Yellow Beans	Broccoli	Carrots and Turnips	Brussel Sprouts with Red Peppers	Green Beans
Feb6-Feb10	Starch	Fried Rice	Buttered Rotini	Mashed Potatoes	Penne Primavera	Sweet Potatoes
Mar6-Mar10	Bread	White	Dill Biscuit	Yorkshire Pudding	Brown	Crackers
Apr3-Apr7	Dessert	Cookie	Diced Fruit	Jello	Mousse	Chocolate Cake
May1-May5	Sugar Sub.	SS Cookie	Diced Fruit	SS Jello	SS Mousse	SS Loaf / Square
May29-June2	Juice	Cranberry	Apple	Cranberry	Apple	Cranberry
Week 2	Soup	Cream of Broccoli	Garden Vegetable	Hamburger	Chicken Noodle	Hearty Lentil
Oct17-Oct21	Salad	Triple Bean	Chef's Salad	Gerkins	Spring Mix	Red Vinaigrette Slaw
Nov14-Nov18	Entrée	Chicken Fingers	Lasgna	Sliced Ham	Beef Stew	Creamy Dill Cod
Dec12-Dec16	Alt. Entrée					Chicken Cacciatore
Jan16-Jan20	Vegetable	Cauliflower and Carrots	Broccoli	Mixed Vegetables	Green Beans	Hot Carrot Sticks
Feb13-Feb17	Starch	Plain Rice	Corn with peppers	Scalloped Potatoes	Baked Parslied Potatoes	Confetti Rice
Mar13-Mar17	Bread	Cinnamon Bread	Dinner Roll	White	Brown Bread	Crackers
Apr10-Apr14	Dessert	Jello with Berries	Yogurt	Diced Fruit	Bread Pudding	Pumpkin Spice Loaf
May8-May12	Sugar Sub.	SS Jello with Berries	Yogurt	Diced Fruit	SS Pudding	SS Loaf / Square
June5-June9	Juice	Apple	Orange	Apple	Orange	Apple
Week 3	Soup	Ham & Pea	Beef Vegetable	Chicken Gumbo	Tomato	Italian Chicken Orzo
Oct24-Oct28	Salad	Tropical Beets	Chickpea & Cucumber	Garden Vegetable	Mediterranean Pasta	Creamy Red Coleslaw
Nov21-Nov25	Entrée	BBQ Beef	Baked Pork & Beans in Sauce	Liver with Onions & Gravy	Honey Garlic Chicken	Breaded Pollock
Dec26-Dec30	Alt. Entrée			Salisbury Steak		Shepherd's Pie
Jan23-Jan27	Vegetable	Peas	Corn	Broccoli	Italian Mix	Fancy 4 Way Mix
Feb20-Feb24	Starch	Buttered Parm Noodles	Wild Rice	Baked Potato	Seasoned Rice	Parslied Cauliflower
Mar20-Mar24	Bread	Brown	Croissant	Crackers	English Muffin	White
Apr17-Apr21	Dessert	Pudding	Apple Sauce	Cookie	Ambrosia	Jello Poke Cake
May15-May19	Sugar Sub.	SS Pudding	SS Apple Sauce	SS Cookie	Diced Fruit	SS Loaf / Square
June12-June16	Juice	Cranberry	Apple	Cranberry	Apple	Cranberry
Week 4	Soup	Butternut Squash	Chicken Vegetable Barley	Hearty Vegetable	Chicken Vegtable Alphabet	Nine Bean
Oct31-Nov4	Salad	Supreme Bean	Tomato Cucumber Salad	Balsamic Garden	Southwest Potato	Green Vinagrette Slaw
Nov28-Dec2	Entrée	BBQ Chicken	Pork Stew	Turkey & Gravy	Swedish Meatballs	Baked Salmon Loin
Jan2-Jan6	Alt. Entrée					Chicken & Gravy
Jan30-Feb3	Vegetable	Baby Carrots	Assorted Beans	Carrots & Cauliflower	Peas	Broccoli
Feb27-Mar3	Starch	Seasoned Potato Wedges	Rice Pilaf	Mashed Potatoes	Egg Noodle	Rice
Mar27-Mar31	Bread	Brown	Crackers	Buttermilk Tea Biscuit	Pita Wedge	White
Apr24-Apr28	Dessert	Strawberry Rhubarb Crumble	Muffin	Pudding	Lemon Poppy Loaf	Jello with Fruit
May22-May26	Sugar Sub.	SS Cookie	SS Loaf / Square	SS Pudding	SS Loaf / Square	SS Jello with Fruit
June19-June23	Juice	Apple	Orange	Apple	Orange	Apple